



**LOYOLA
UNIVERSITY
HEALTH SYSTEM**

Loyola University Chicago

MED. RECORD NO.

BIRTHDAY

SEX

PATIENT NAME

ADDRESS

AMBULATORY SURGERY CENTER INFORMATION SHEET

(708) 216-4573

The following information is given to you to provide ample time for you to make necessary arrangements prior to your surgery

EATING AND DRINKING GUIDELINES: NO SOLID FOOD AFTER MIDNIGHT.

Adults

- **NO SOLID FOOD AFTER MIDNIGHT.**
- Only the following **clear liquids** may be consumed up until **4 hours** before your scheduled surgical time:
Water, Apple Juice, Coke, Gatorade, 7-up, tea or coffee **without cream, milk or non-dairy creamer.**

Infants or Children (under 13 years old)

- **NO SOLID FOOD AFTER MIDNIGHT.**
- Only the following **clear liquids** may be consumed up until **3 hours** before their scheduled surgical time:
Apple Juice, Pedialyte, or Water.
- Infants may be fed **breast milk** up until **4 hours** before your scheduled surgical time.
- Infants may be fed **formula** up until **6 hours** before your scheduled surgical time.

PREADMISSION TESTING:

The nurse from Preadmission Testing will call you approximately **1 week** prior to your surgery date to obtain your pertinent medical information.

Please have available:

- Your current medication list (prescription and non-prescription)
- Herbal supplements
- Weight control medications

Please note: It is important to inform your doctor if you are taking

- Blood thinners (Coumadin, Heparin, Plavix, Lovenox, etc...)
- Aspirin, Ecotrin
- NSAIDS (Ibuprofen, Advil, Motrin, Aleve, etc...)

POSTOPERATIVE CARE REQUIREMENTS:

- **2** adults should accompany any **child** having a surgical procedure
- It is **required** that a responsible adult transport you home after surgery and be able and willing to provide home care overnight.
- **Required:** The person bringing you and taking you home must be present during the **entire surgical and recovery period.**
- This is **mandatory** for any procedure requiring sedation, sedation with local, or any form of anesthesia.

The **nurse from the Ambulatory Surgery Center** will call you after 1 p.m. the day before surgery to confirm your surgery time and give you your pre-operative instructions. (708) 216-8123.

If these instructions are not followed exactly, your surgery will be CANCELLED, NO EXCEPTIONS.

Patient Signature: _____ Date: _____